

# CAP to distribute Farmers' Market vouchers for Seniors

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Local senior citizens can soon supplement their diet with fresh fruits, vegetables and edible herbs thanks to a voucher program through the Lower Columbia Community Action Program.

Senior Farmers' Market vouchers will be available to eligible seniors from 1 to 5 p.m. June 11 at the CAP building, 1526 Commerce Ave., Longview.

Funded by the U.S. Department of Agriculture and administered locally by Lower Columbia CAP's Senior Nutrition Program, the voucher program has really gained momentum and popularity over the last few years, according to a press release.

Eligible seniors are people age 60 and older, or age 55 and older if Native American or Alaskan Native Elder with a monthly income of \$1,670 or less if single, and \$2,246 or less in a two-person household, and a resident of Washington state.

Photo identification is required and vouchers will be distributed on a first-come, first-served basis.

Eligible seniors will receive \$40 worth of vouchers.

For more information on this or other services offered by the Senior Nutrition Program at CAP, call (800) 383-2101 or 425-3430, extension 240.