

**PLACING VOLUNTEERS
WHERE THEY ARE NEEDED
MOST**



The **Volunteer center for Cowlitz-Wahkiakum (VCCW)** connects hundreds of volunteers each year to dozens of organizations, agencies, schools, churches, special events & activities, and many others. VCCW volunteers provided over 150,000 hours of service annually. Over 1,000 local residents are currently enrolled in the VCCW as volunteers ready to offer their services. And the community needs more!

**VOLUNTEER CENTER
for COWLITZ-WAHKIAKUM**

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RSVP

Lead With Experience



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Become a Volunteer

The **Volunteer Center for Cowlitz-Wahkiakum (VCCW)** is your direct connection to a wide variety of opportunities to volunteer your time, energy, skills and experience. Anyone 14 or older is eligible to apply for enrollment in the VCCW. Once enrolled, volunteers are notified of opportunities by:



- ◆ Email [preferred contact source]
- ◆ CAP Web Page
- ◆ www.lowercolumbiacap.org
- ◆ twitter.com/#!/LCCAPvolunteer
- ◆ www.volunteermatch.org
- ◆ [facebook.com](https://www.facebook.com)

VCCW partners include:

- ◆ Habitat for Humanity
- ◆ Highlands Neighborhood Association
- ◆ Satellite Police Station
- ◆ American Red Cross
- ◆ Schools
- ◆ Cowlitz Museums
- ◆ Dept of Emergency Management

...AND MUCH MORE...

WHEN YOUR ORGANIZATION NEEDS VOLUNTEERS

When your organization needs volunteers—contact the VCCW.

Our thorough volunteer enrollment process includes a written application, a personal interview, and we conduct a criminal background check (Washington State Patrol WATCH Report). We can also coordinate a WA driver's license abstract report if you require volunteers to drive.

The VCCW is ready to help meet your volunteer needs. Please contact the VCCW to request an informational packet or a brief presentation.



The Volunteer Center for Cowlitz-Wahkiakum is a program of Lower Columbia CAP, a non-profit, 501(c)3 organization founded in 1946. The VCCW includes the RSVP (Retired & Senior Volunteer Program), which offers special recognition and benefits to volunteers 55 or older.

You Can Make a Difference

You've gained a lifetime of experience. Now is the time to put your skills and talents to good use by volunteering through RSVP.

RSVP is America's largest volunteer network for people age 55 and over. Join RSVP and you join nearly 500,000 volunteers across the country who are tackling tough issues in their communities.

RSVP offers a full range of volunteer opportunities with thousands of local and national organizations. With RSVP, you choose how and where you want to serve. You choose the amount of time you want to give. And you choose whether you want to draw on your skills or develop new ones. In short, you find the opportunity that's right for you.

With RSVP, you'll receive pre-service orientation, training from the organization where you serve, and supplemental insurance while on duty.

And remember: When you volunteer, you're not just helping others—you're helping yourself. Volunteering leads to new discoveries and new friends. Plus, studies show that volunteering helps you live longer and promotes a positive outlook on life.

So get involved, and join RSVP today!

FOR MORE INFORMATION, CONTACT:

Lower Columbia CAP Volunteer Center

Phone: (360)425-3430 x 251 or 288

Toll Free: 800-383-2101

E-mail: veronicam@lowercomumbiacap.org